

# Understanding Home Care in New York At a Glance

**What is Home Care?** Home care provides a range of health and supportive services delivered directly to individuals in their homes. It supports aging in place, aiding seniors, disabled individuals, and others who need assistance with daily tasks and medical needs.

**Why Home Care?** New Yorkers want to live and age in their homes and communities- and that's great news for New York's budget. Home care delivers cost effective care that relieves family caregivers, empowers aging and disabled populations, and brings tremendous value to the state.

Home care is *far more cost-effective* than skilled nursing care.

- 20 hours of personal care at home costs 65% less than nursing home care
- 30 hours of personal care at home costs 48% less than nursing home care
- 40 hours of personal care at home costs 30% less than nursing home care

## Types of Home Care: Traditional Agency-based Care

- **Licensed Home Care Services Agencies (LHCSAs):** There are approximately 1,435 LHCSAs caring for 9.3 million New Yorkers.
  - Provide personal care and skilled nursing.
  - Accept Medicaid, private pay, and insurance.
  - Serve chronic and stable conditions for long-term needs.
- **Certified Home Health Agencies (CHHAs):** There are approximately 110 CHHAS in New York
  - Deliver skilled nursing and therapies.
  - Serve acute conditions for short-term recovery.
  - Mostly funded by Medicare, Medicaid, and insurance.

## Program-based Consumer-Directed Care

- **Consumer Directed Personal Assistance Program (CDPAP):** There are approximately 250,000 consumers getting care through the program, served by about 600 Fiscal Intermediaries.
  - Empowers patients to hire and train personal assistants (PAs).
  - Supports Medicaid beneficiaries with chronic and stable conditions.
  - Administrative support and programmatic support is provided by Fiscal Intermediaries.

**Hospices** offer at-home and inpatient care and counseling for the terminally-ill and their families. Patients receive physical, psychological, social, and spiritual care and support.